

NCC and CCG Joint Commissioning Reviews 2016/17 v11 - Impact

HWB Strategy Outcome	Commissioning Activity and Scope	Rationale	Key Milestones	Impact
<p>1. People in Nottingham adopt and maintain Healthy Lifestyles</p>	<p>1a. Bulwell & Bulwell Forest Self Care <u>Pilot Project</u></p> <p>The pilot project is currently underway and due to be completed in January 2017. Evaluation will identify the most effective elements of the pilot for roll-out across the City.</p>	<p>Self-care enables people to remain independent of services for as long as possible by managing long term conditions and/or delaying the onset of ill-health.</p>	<ul style="list-style-type: none"> • Pilot project ends January 2017 • Final evaluation report due March 2017 	<p>Impact will be described in the evaluation report due mid- March. The report will inform future planning for self-care initiatives.</p>
	<p>1b. Social Prescribing <u>SCR (Strategic Commissioning Review)</u></p> <p>Review the model currently included in the Self Care pilot to develop and implement a City wide social prescribing model that integrates physical and mental health social prescribing needs.</p>	<p>Social prescribing is an effective tool that can have a massive positive impact on people's wellbeing, self-esteem and overall quality of life</p>	<ul style="list-style-type: none"> • . Scope and map national models and good practice – May '16 • Agree integrated social prescribing model for the City – June '16 • Pilot integrated model – start Sept '16 	<p>A social prescribing model has been agreed and operational processes are in place. Following a successful pilot full roll out across the City will be complete in March 2017.</p> <p>Case studies are available describing the impact for citizens.</p> <p>Phase 2 planning is underway with a focus on understanding impact in more detail and the inclusion of mental health.</p>
<p>2. People in Nottingham will have positive Mental Wellbeing and those with Serious mental Illness will have good physical health</p>	<p>2a. Integrated Mental Health Pathways <u>SCR</u></p> <p>Opportunity to consider whole system support from inpatient mental health services through to community based accommodation and support.</p>	<p>Overall performance of MH provision is not well understood. Commissioning activity to date has not looked across areas of provision or produced joined-up plans. This is an opportunity to explore integration, particularly integration of physical and mental health in care delivery.</p>	<p>Subject to initial scoping and further development of model.</p> <ul style="list-style-type: none"> • Scope – July 2016 • Contracts to be extended to Dec 2017 • Draft Project Plan – July 2016 • PID – July 2016 • Analysis Plan – August 2016 	<p>The review commenced July 2016. It is due to be completed by November 2017. with recommendations on:</p> <ol style="list-style-type: none"> 1) Integration 2) Data collection and Knowledge 3) Some financial analysis 4) Comparison of commissioned activity across the system 5) Outcomes 6) System Pathway 7) Ways of Working/culture

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		<p>Increase in MH presentations in general needs homelessness services.</p> <p>Initial 3 year contract term for supported accommodation due to expire at the end of 16/17.</p>		<p>8) Connections to other parts of the health and social care system.</p> <p>Context of review:</p> <ul style="list-style-type: none"> • There is an upward trend in people subject to the Mental Health (MH) Act in Nottingham. • Nottingham is above national average for contact with specialist MH services • New cases of Psychosis served by EI teams have risen dramatically since 14/15. This is putting pressure on services. • 86 beds are provided in the current pathway of supported accommodation. Pathway is consistently mostly full. • Approximately 78% of service users have potential to move onto independent living with the right support. <p>Key messages from service users:</p> <ul style="list-style-type: none"> • Support is needed to maximise independence and lead a normal life. • Support needs to be carried on for a while when they move into accommodation that requires an increased level of independence from them. • Confidence and resilience needs to be part of the support especially when moving on <p>Progress to date:</p> <ul style="list-style-type: none"> • Governance arrangements in place • 1st phase of analysis and engagement nearing completion. (May 2017) • Mapping exercise of commissioned and non-commissioned services across the system <p>Next steps:</p> <ul style="list-style-type: none"> • Recommendations on Phase 2 analysis. • Refinement on and consultation on model and options • Development of Commissioning intentions and recommendations • CEG & H&WB Board sign off • Procurement process. <p>Understanding the impact and what needs to be achieved will be at the heart of any recommendations. Analysis will inform the recommendations going forward. We will understand the impact that is trying to be achieved as a result of the review. The actual impact of implementation of recommendations would need to be considered a year after implementation.</p>

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	<p>2b.Future in Mind Transformation Plan (including CAMHS work) <u>Implementation Plan</u></p> <p>Promoting resilience, prevention and early intervention Improving access to effective support Care for the most vulnerable Accountability and transparency Developing the workforce</p>	<p>Future in Mind is Government Guidance on promoting, protecting and improving children and young people's mental health and wellbeing. All areas have been asked to baseline their provision and submit an action plan. Supportive funding has been made available nationally.</p>	<ul style="list-style-type: none"> • Promoting whole school approaches to promoting MHWB April 16-March 17 • Develop and implement care bundles across the CAMHS pathway by Dec 16 • Increase capacity in the system to support more CYP by March 16 • Develop a website for CYP by June 16 • Review Crisis and Intensive Home Treatment Service by Sept 16 • Review support to vulnerable groups (tbc) 	<ul style="list-style-type: none"> • Impact on citizens: More children, young people and professionals are aware of the need to support the emotional health and wellbeing of children and young people and work towards Parity of Esteem. Improving attendance and attainment at school and taking a universal approach to improving resilience will help prevent mental health problems from escalating. Monitoring data next year should show improved outcomes for young people, but it is too early to show this at the moment • Impact on service provision: The partnership has increased resources into Tier 2 CAMHS and into Universal Services through the Personal, Social and Health Education (PSHE) Team. The team are focusing on Resilience in schools -10 schools are implementing Zippy's Friends which is the emotional resilience programme to improve emotional wellbeing in children aged 7. A further 18 primary schools are implementing the Health Improvement Model to focus on a whole school approach to improving emotional health and wellbeing of school children. • As a result of the publication of Future in Mind, an increased focus on children's mental health is in place across Nottingham City. On average approximately 1300 children and young people are referred and seen in CAMHS Tier 2 per year. Working towards the development of a Section 75 for CAMHS Tier 2 will ensure a closer working relationship with Nottingham City CCG and the LA and the ability to closer performance manage the service to ensure positive outcomes for those children and young people who are experiencing poor emotional/mental health
<p>3.There will be a Healthy Culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill-health</p>	<p>3a.Integrated Commissioning of health and social care provision <u>SCR</u></p> <p>Establish a pooled budget for adult health and social care services.</p> <p>This will include developing a section 75 partnership agreement to describe the</p>	<p>Supports integrated care.</p> <p>More effective and efficient cross agency commissioning</p>	<ul style="list-style-type: none"> • Develop new Section 75 agreement – September 2016 • Agree integrated commissioning arrangements • Agree governance arrangements • Agree risk share arrangements • Develop performance management metrics 	<p>The Commissioning Team have been working alongside the Integrated Care Team to develop and deliver an integrated approach to health and social care.</p> <p>This has been identified nationally and locally as the key mechanism for delivering savings. This has included the development and oversight of the Better Care Fund with a £25 million shared budget and the on-going development of an integrated approach to care.</p> <p>The health and social care re-ablement services are now co-located and aligned.</p>

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	governance, commissioning and risk share arrangements.		<ul style="list-style-type: none"> Develop savings plan- July 2016 	<p>The Health and Social Care Point has been re-configured. This is significantly increasing the uptake of calls and is enabling a more effective approach to support citizens to find community based provision.</p> <p>Commissioning also led on a key component of the self-care work stream within the STP. This approach will drive demand management on both health and social care services. This should lead to considerable system savings.</p>
	<p>3b.Child Development Review Phase 1 (Integrated 0-5 Children's Services) <u>SCR</u></p> <p>In scope: Health Visitors, Family Nurse Partnership, Breast Feeding Peer Supporters, Children's Nutrition Team, Early Help Team,</p>	<p>Maximise the potential of commissioned services; Health Visitors, FNP, Breast Feeding Peer Supporters, Children's Nutrition Team and internal Early Help Service to work in an integrated way with a shared outcomes framework and indicator set.</p> <p>All services will work to an agreed, evidence-based pathway of programmes, approaches and interventions</p>	<ul style="list-style-type: none"> Service model finalised by Nov 16 Draft tender spec by Nov 16 Financial allocation agreed by Dec 16 Consultation on draft spec by Jan 17 Tender for a delivery partner to work with internal services begins in May 2017 New integrated model implemented April 2018 	<p>A shared outcomes framework has been developed to enable all practitioners to work towards one set of outcomes as opposed to a different set for each service area.</p> <p>A new pathway of services and interventions from Pregnancy to age 5 has been developed which increases the number of evidence-based programmes being offered to families and brings a consistency of approach across the City.</p> <p>The potential model for an integrated service is still being discussed with stakeholders and we are expecting a decision on the preferred model imminently. The original timeline for the service model has been extended due to the political sensitivity of some of the models and the complexities attached to each.</p> <p>The integrated service will be implemented in 2018 and the impact of the service will be monitored thereafter.</p>
	<p>3c. Home Care <u>SCR</u></p> <p>Review of Homecare system including Framework provision and role of internal provision. Aim to align with Notts County provision and potential for joint commissioning</p>	<p>Current System does not have enough capacity and is under increasing pressure. Current Framework expires Dec 2017.</p>	<ul style="list-style-type: none"> Model agreed Jan '17 ITT April '17 Award contract Jul '17 Commence Sep/Oct '17 	<p>Following a comprehensive review by commissioners we worked with operational staff to re-shape the provision of short breaks.</p> <p>Parents and carers told us that they wanted to be able to access more short breaks, more straightforwardly. This led to the introduction of the personalisation Team and delivered an annual saving of £250,000</p> <ul style="list-style-type: none"> New short break services are in place and further short break options have been promoted, supporting children, young people and their families. A new clear pathway into short breaks has been implemented creating a

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				<p>greater range of options for families, supporting families in their use of personal budgets. Less onerous assessment processes to access low level services creating easier access for citizens and reducing the burden on social workers.</p> <ul style="list-style-type: none"> We are working with Health to look at options for providing integrated residential Short breaks. <p>Citizens and social workers told us that they are not able to find appropriate housing for people with learning disabilities, autism and mental health issues</p> <ul style="list-style-type: none"> A new housing pathway for people with learning disability and autism has been implemented and a new housing broker is in place. This is supporting these citizens to find the most appropriate accommodation and reducing the time spent by social workers in doing so. As part of the Transforming Care agenda, accommodation and support packages have been identified in order for individuals to leave secure accommodation. The specification for Crisis House has been developed and after one unsuccessful round of tenders is being re-advertised. Transforming Care continues to be a challenging agenda with improved identification of high need individuals putting increasing pressure on the system.
	<p>3d.Enhanced Whole Life Choices for People with Needs and Disabilities (Incorporating the Transforming Care Programme and the SEND Reforms) <u>SCR</u></p> <p>A Whole Life Disability Programme has started. This looks at the needs of children and adults with learning and physical disabilities. It incorporates the work of the adult learning disability review,</p>	<p>Continuation of 15/16 review – area of high spend – Transforming Care Fast Track requirements Legislative change, demographic increase and potential for budget pressures, partnership work</p>	<ul style="list-style-type: none"> Short break services ITT March 16 Review of residential short breaks – June 2016-January 2017 New services in place Sept 2016 New staffing assessment model Aug 16 Implementation of Whole Life Disability Programme April 16 onwards New Fast Track Transforming care 	<ul style="list-style-type: none"> New short break services are in place and further short break options have been promoted, supporting children, young people and their families. A new clear pathway into short breaks has been implemented creating a greater range of options for families, supporting families in their use of personal budgets. Less onerous assessment processes to access low level services creating easier access for citizens and reducing the burden on social workers. Working with Health to look at options for providing integrated residential Short breaks. A new housing pathway for people with learning disability and autism has been implemented and a new housing broker is in place. This is supporting people with learning disabilities to find the most appropriate accommodation and reducing the time spent by social workers in doing so. As part of the Transforming care agenda, accommodation and support

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	the Special Educational		Model in place April 16 onwards	<p>packages have been identified in order for individuals to leave secure accommodation. The specification for Crisis House has been developed and after one unsuccessful round of tenders is being re-advertised.</p> <ul style="list-style-type: none"> Transforming Care continues to be a challenging agenda with improved identification of high need individuals putting increasing pressure on the system.
	<p>3d.Carers' Provision <u>SCR</u></p> <p>Review of current carer services commissioned by CCG and NCC</p>	<p>Reconfiguring of carer services to increase alignment and support BCF arrangements Services need to align better to Care Act requirements</p>	<ul style="list-style-type: none"> Analysis - to be completed by end July 2016 Options Validation August 2016 Service model & spec finalised - Sept 2016 Procurement Oct-Dec New services to be in place - by April 2017 	<ul style="list-style-type: none"> Joint commissioning between Nottingham City Council and CCG of a range of integrated carers support services. Successful procurement of the new services including a single point of contact across Nottingham City and Nottinghamshire County, creating a single pathway for carers and professionals Implementation of the new services underway, for commencement 1 April 2017. Contracts agreed for the new services to support more carers than ever before. Performance measures in place for the new Hub to carry out increased numbers of Carers Assessments, fulfilling our statutory obligation to carers and reducing pressure on Adult Social Care. Efficiencies in service model mean increased numbers of carers supported with reduced funding and resources in contract management. Comms messages developed to inform carers and partners/professionals about new services, and for Health and Social Care providers to integrate carers into the services for the cared-for citizens and refer carers for support.
	<p>3e.Assistive Technology expansion <u>SCR</u></p> <p>Integrate existing assistive technology (AT) services (Telecare and Telehealth) into a single service.</p> <p>Develop an AT commercial service.</p>	<p>Remove duplication and confusion. Build on positive findings of external evaluation. Support self-care for citizens</p> <p>Reduce admissions from care homes</p>	<ul style="list-style-type: none"> Integrated Service established by October 2016 Commercial service established by April 	<ul style="list-style-type: none"> Integrated AT Service created January 2017 providing single point of contact and more effective working – seen nationally as pioneering; Number of current users rose by 1,000 in 16/17 plus a further 500 supported in year; External evaluation concluded return on investment of £3.51 per £1 spent; Positive citizen feedback – carer story presented to HWB 29/3/17.

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	<p>Provide clinical hub video conferencing support for care home residents.</p> <p>Develop new AT initiatives.</p>	<p>Harness new technologies.</p>	<p>2017</p> <ul style="list-style-type: none"> • Clinical hub operational by October 2016 <p>Ongoing</p>	<ul style="list-style-type: none"> • Clinical hub providing video link nursing support to 10 care homes. Initial analysis shows has resulted in high GP visit avoidance and some hospital admission avoidance;
	<p>3f. Hospital Substance Misuse Care Team <u>SCR</u></p> <p>Hospital Liaison Service (Framework) Rapid Response Liaison Psychiatry Substance Misuse Element (NHT _ CCG commissioned</p>	<p>Alignment of current two services through tendering will allow for more streamlined and effective service (including covering more wards) with reduced duplication</p>	<ul style="list-style-type: none"> • The new service went live on 1st December 2016. • Initial recruitment to vacant posts completed by mid-Jan 17 • Still exploring funding for ED to create a fully rounded service 	<ul style="list-style-type: none"> • Service aligns NCC and CCG funding to reduce duplication across previous Hospital Liaison Service and Rapid Response Liaison Psychiatry Substance Misuse Element. Partnering agreement in place across NCC and four CCGs. • New IT is enabling better in reach into hospital wards and better integration with community treatment for improving service user pathways. • Service user experience is vastly improved by having one aligned service. • Service user experience improved through easier access to psychiatric interventions
<p>5. Nottingham's Environment will be sustainable: supporting and enabling its citizens to have good health and wellbeing</p>	<p>No joint work in this area for last year</p>			